



The pictures to the left prove that our Great Creator provided special hints in the foods that He provides for us. **Carrots** (left top) have benefits for the eyes and there is an eye looking back when you cut it. **Tomatoes** (left center) are red and full of lycopene, which benefits the human heart. Tomatoes also have four chambers just like the heart. **Grapes** (left bottom) hang in a cluster, which is shaped like a human heart. Also, each grape is shaped like a blood cell. **Avocados** (right top) benefit the health and function of the womb and cervix of the female, and they look exactly like these organs. **Kidney Beans** (right center) are known for their healing properties, and they help maintain kidney function. They also look exactly like human kidneys. **Walnuts** (right bottom) look exactly like a little brain. It even has a left and right hemisphere, as well as upper cerebrums and lower cerebellums. The wrinkles or folds on the nut appear to be just like the neo-cortex.

Bible Baptist Church

1355 Pinehurst St, Bartow, FL

www.bbcbartow.com (863)797-5308

Sunday School – 9:30 am

Sunday Worship Services – 10:30 am & 6:00 pm

Wednesday Service – 7:00 pm